

Feng Shui Cycle of Life

Simon Brown

Author, consultant and teacher

Human Cycles

Breathing

Heartbeat

Hormones

Sleep

Digestion

Habits

Environmental Cycles

Day / Sun

Lunar

Seasonal

Cycles

Harmonise

Dynamic

Rhythm

Connect

Yin and Yang

Cold /warm

Night / Day

Winter / Summer

New moon / full moon

Shade / Sun

Body reference

Yin and Yang in Nature

Yin

Yang

Darker

Brighter

Cooler

Warmer

Quieter

Colourful

Calmer

Active

Downward

Upward

Regeneration

Expending energy

Hibernating

Visible

Yin and Yang Directions

Yin

Yang

Northern

Southern

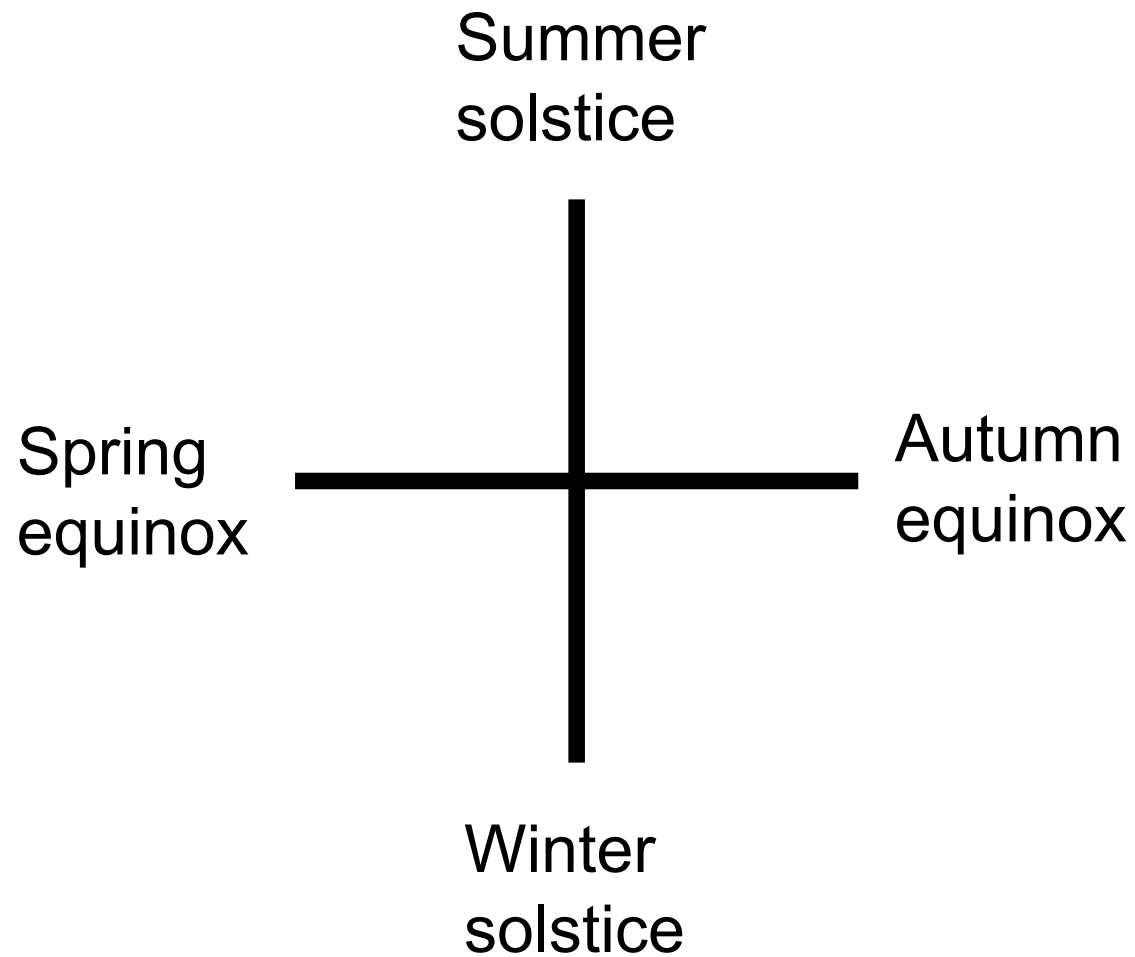
Shady

Sunny

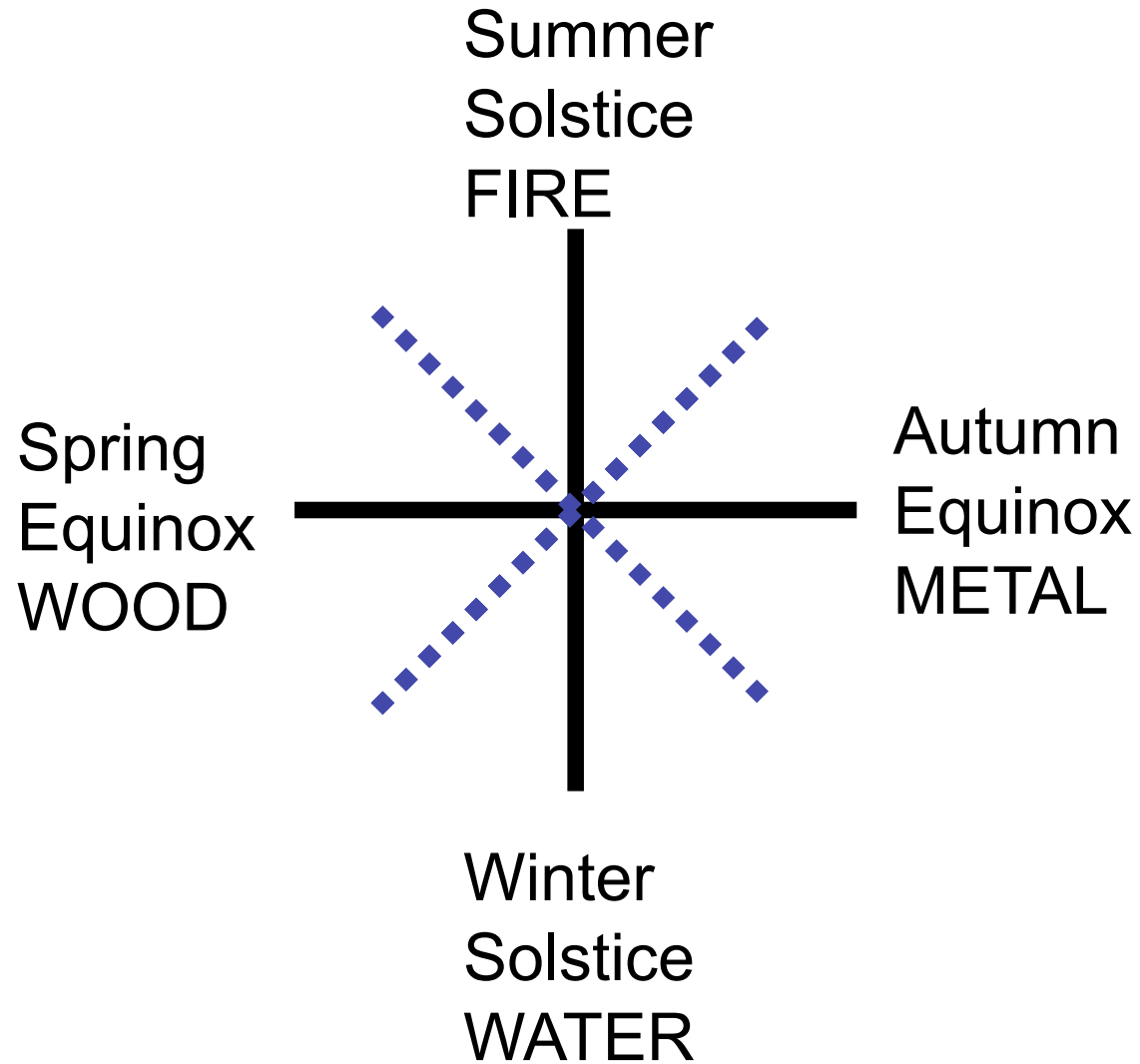
Dark

Light

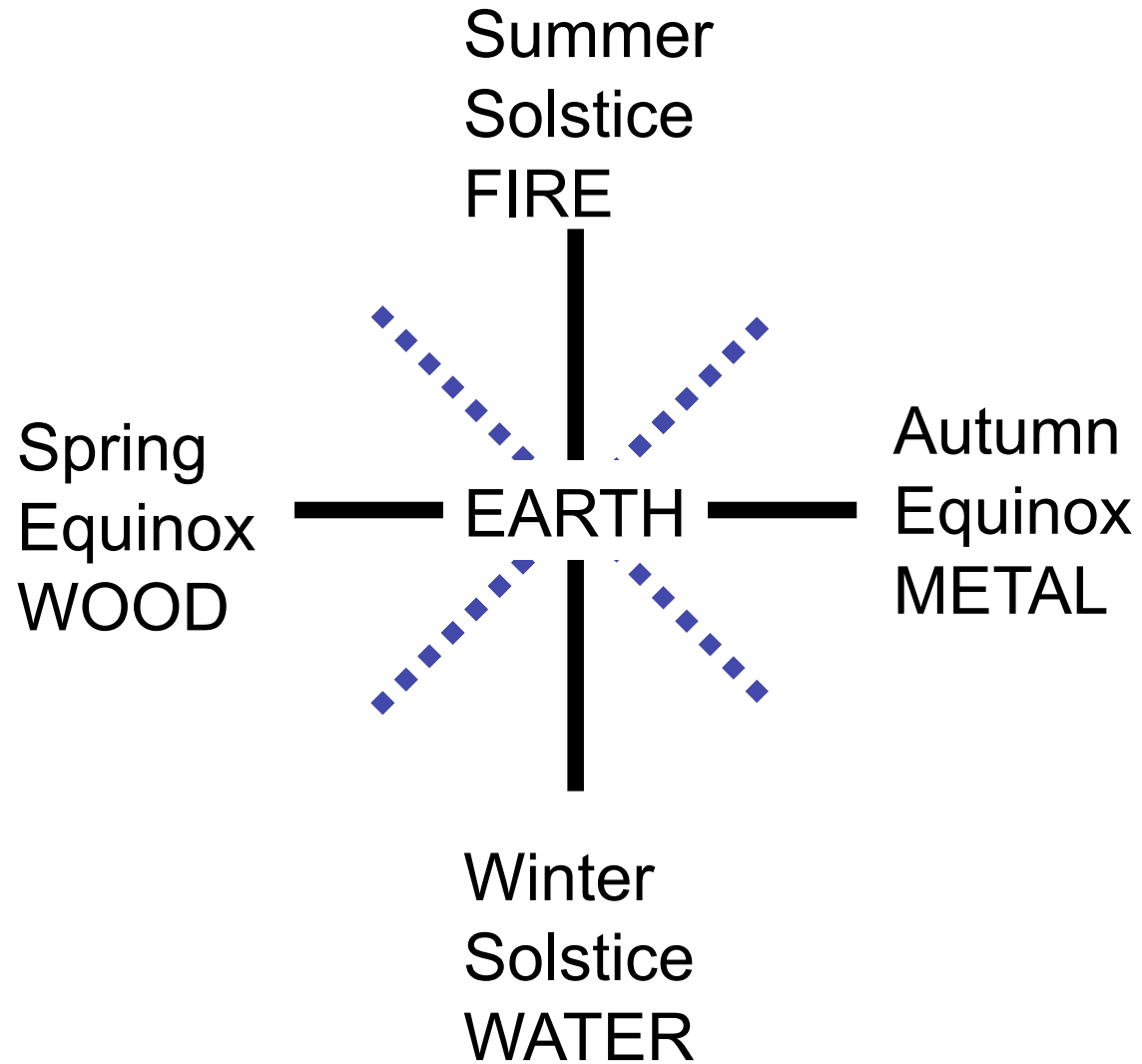
The Five Elements



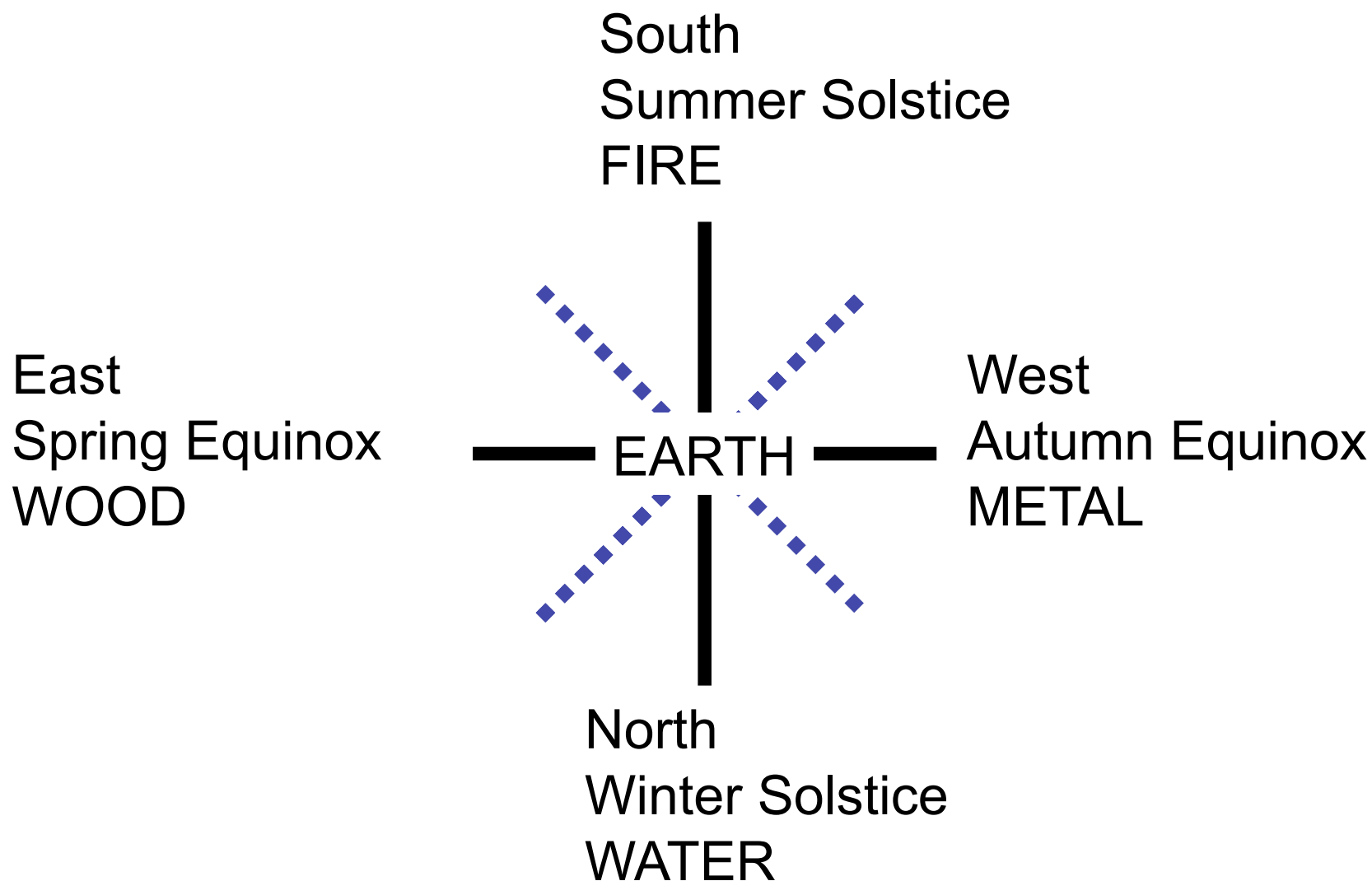
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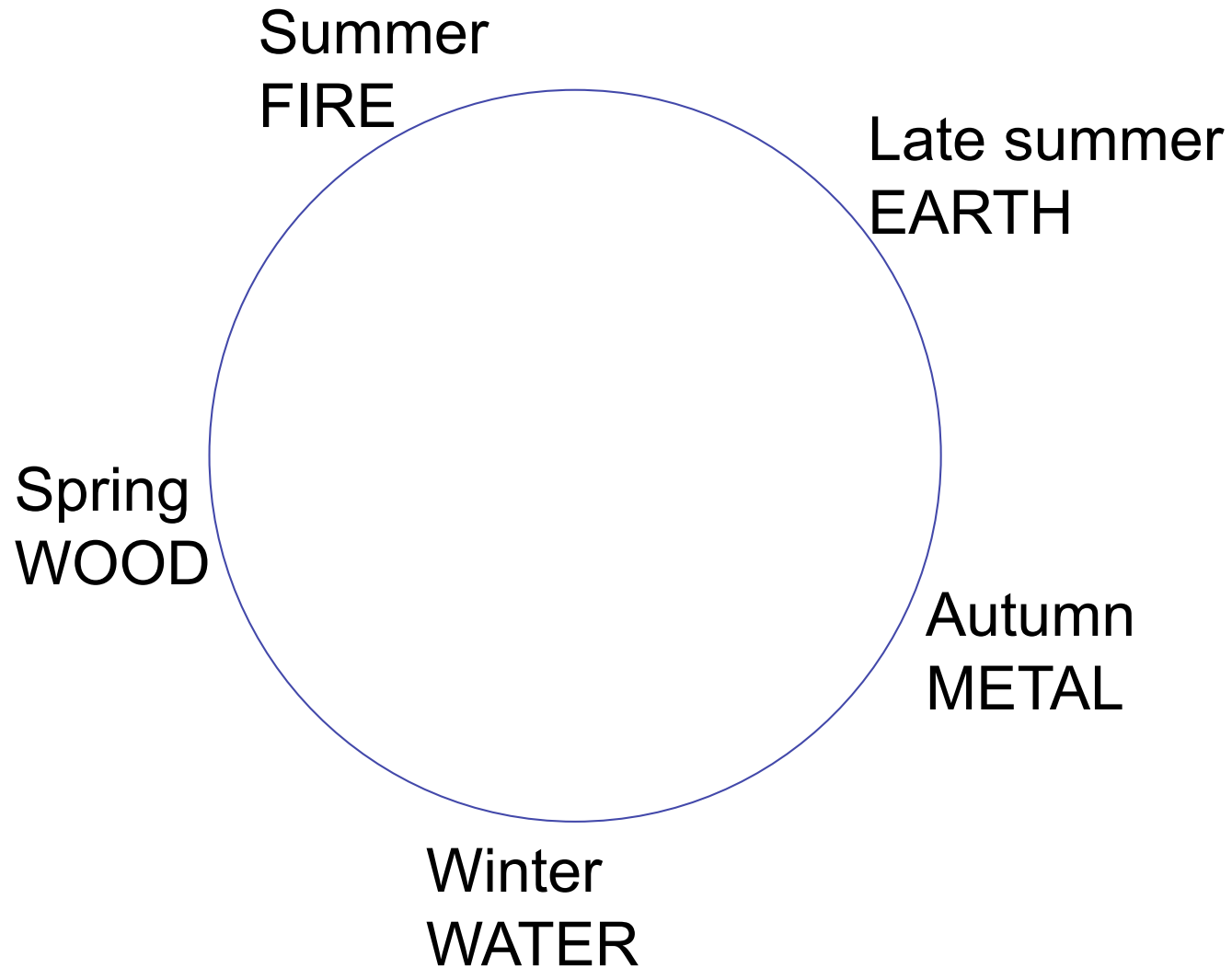
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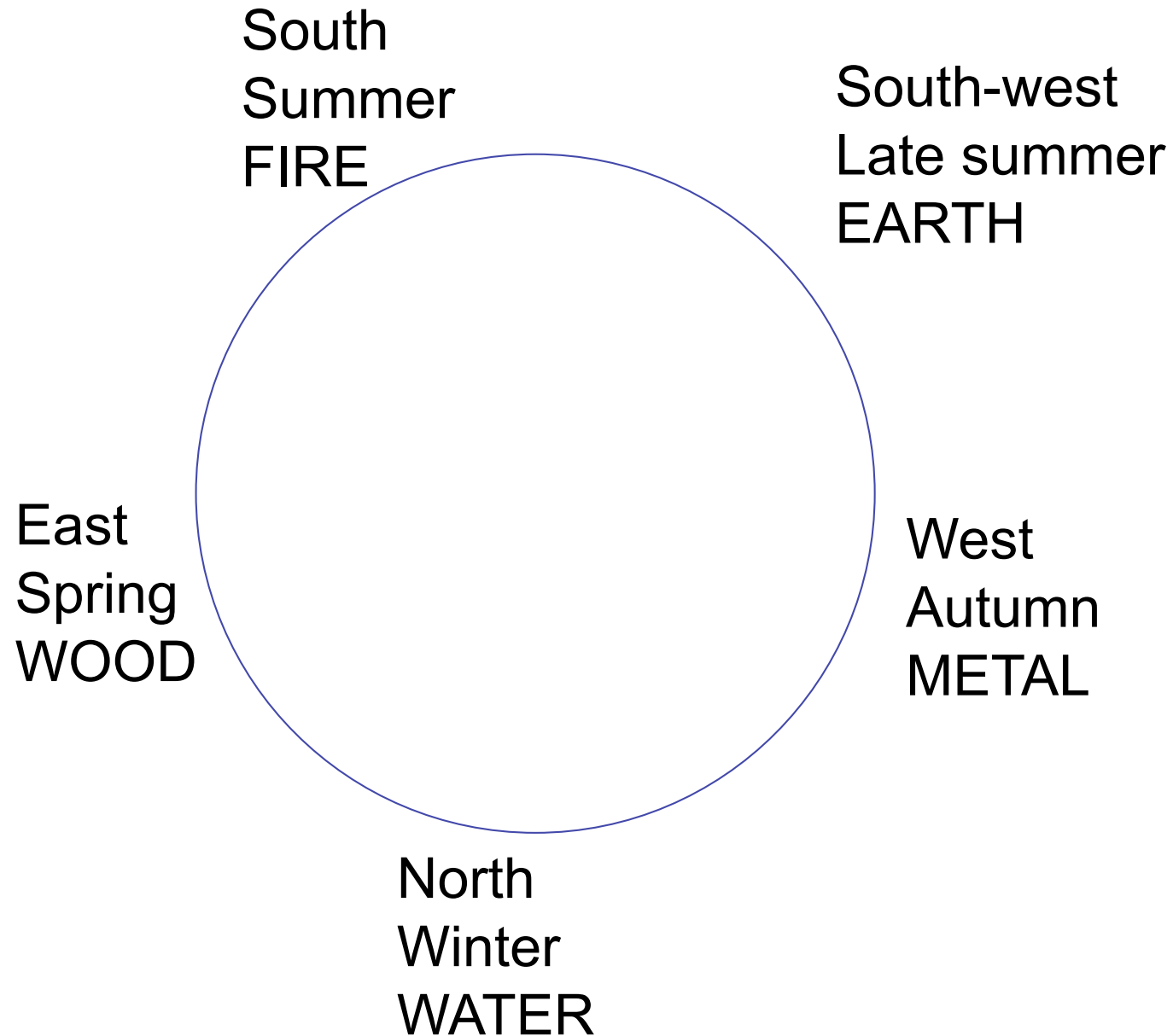
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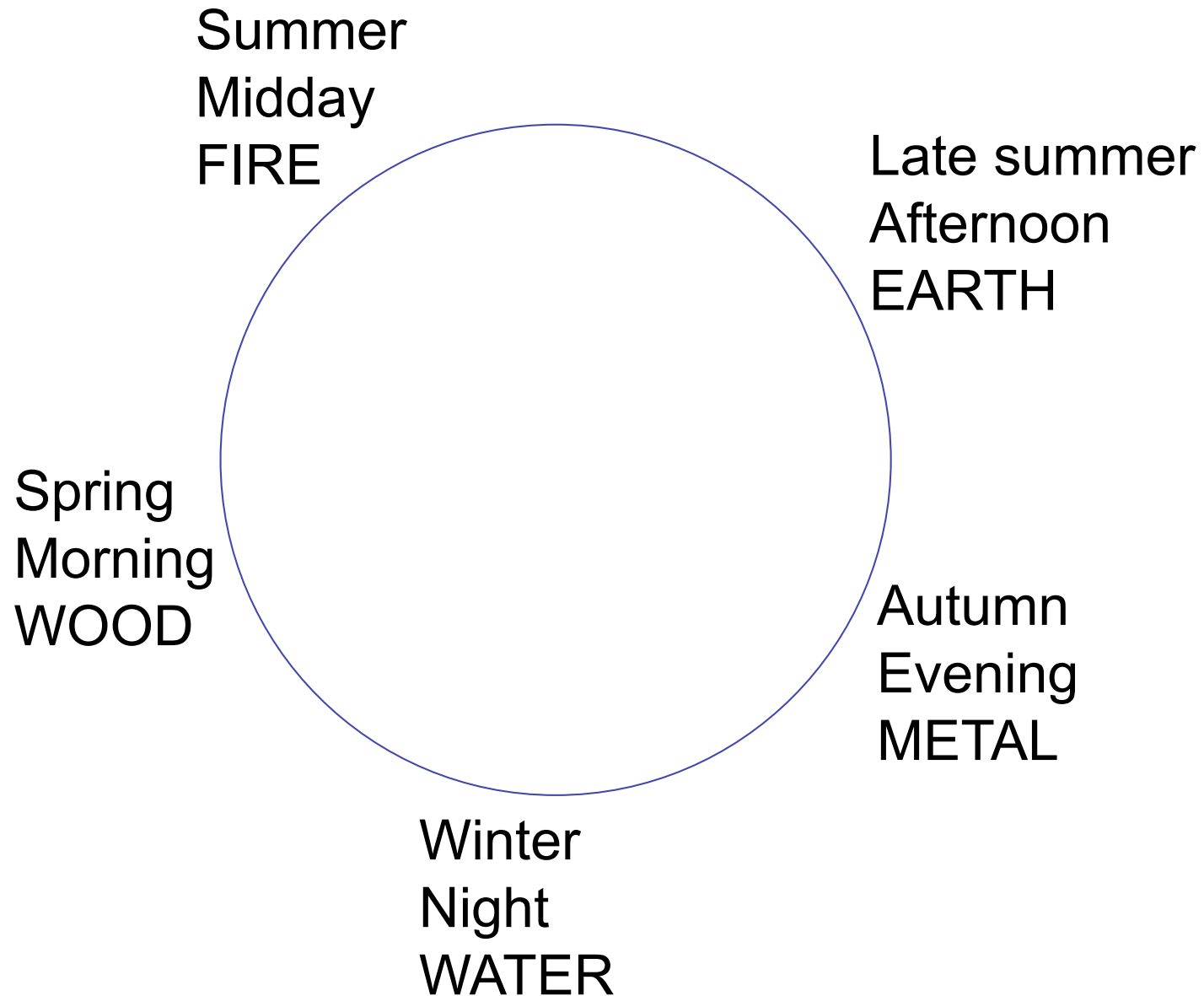
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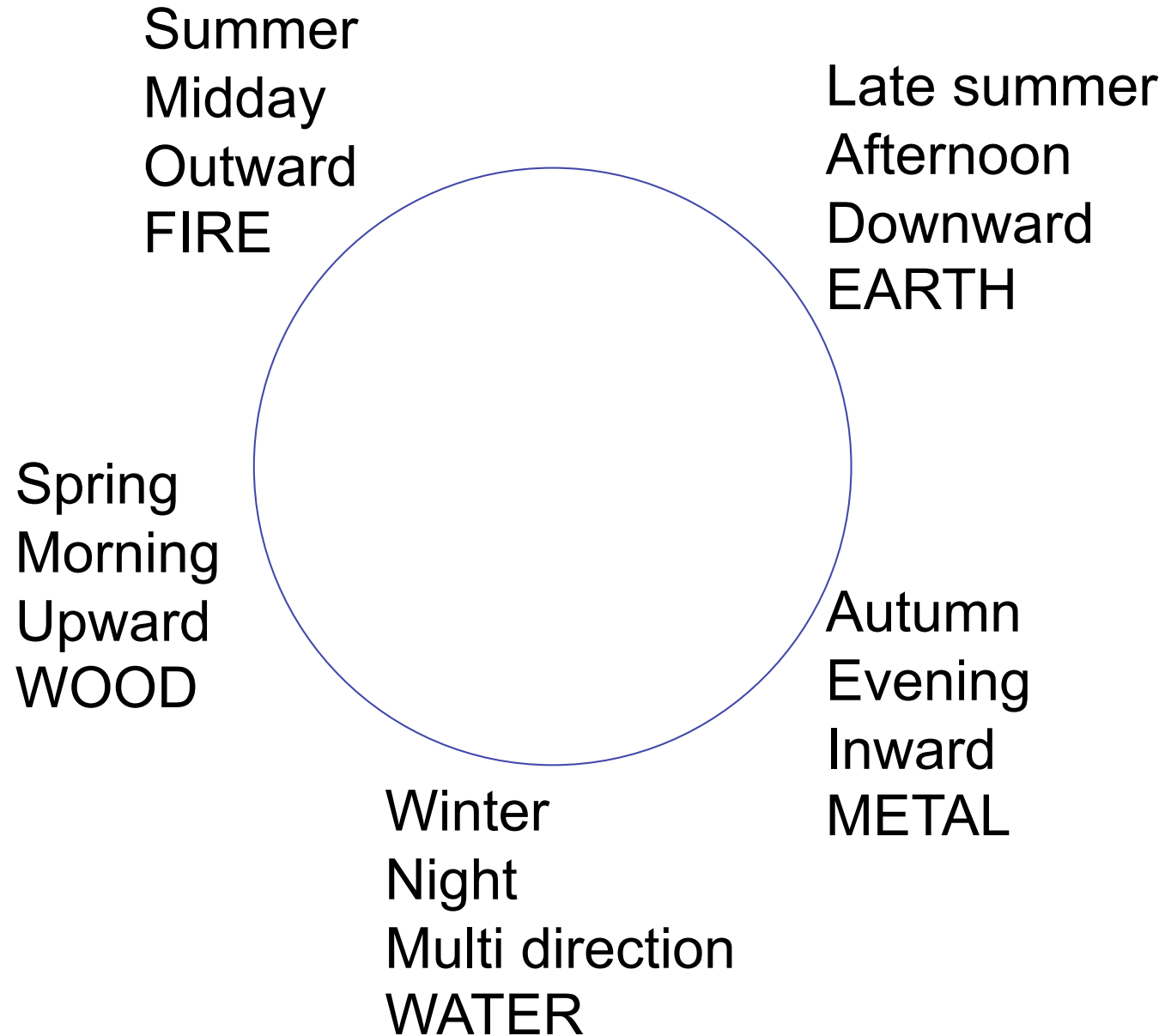
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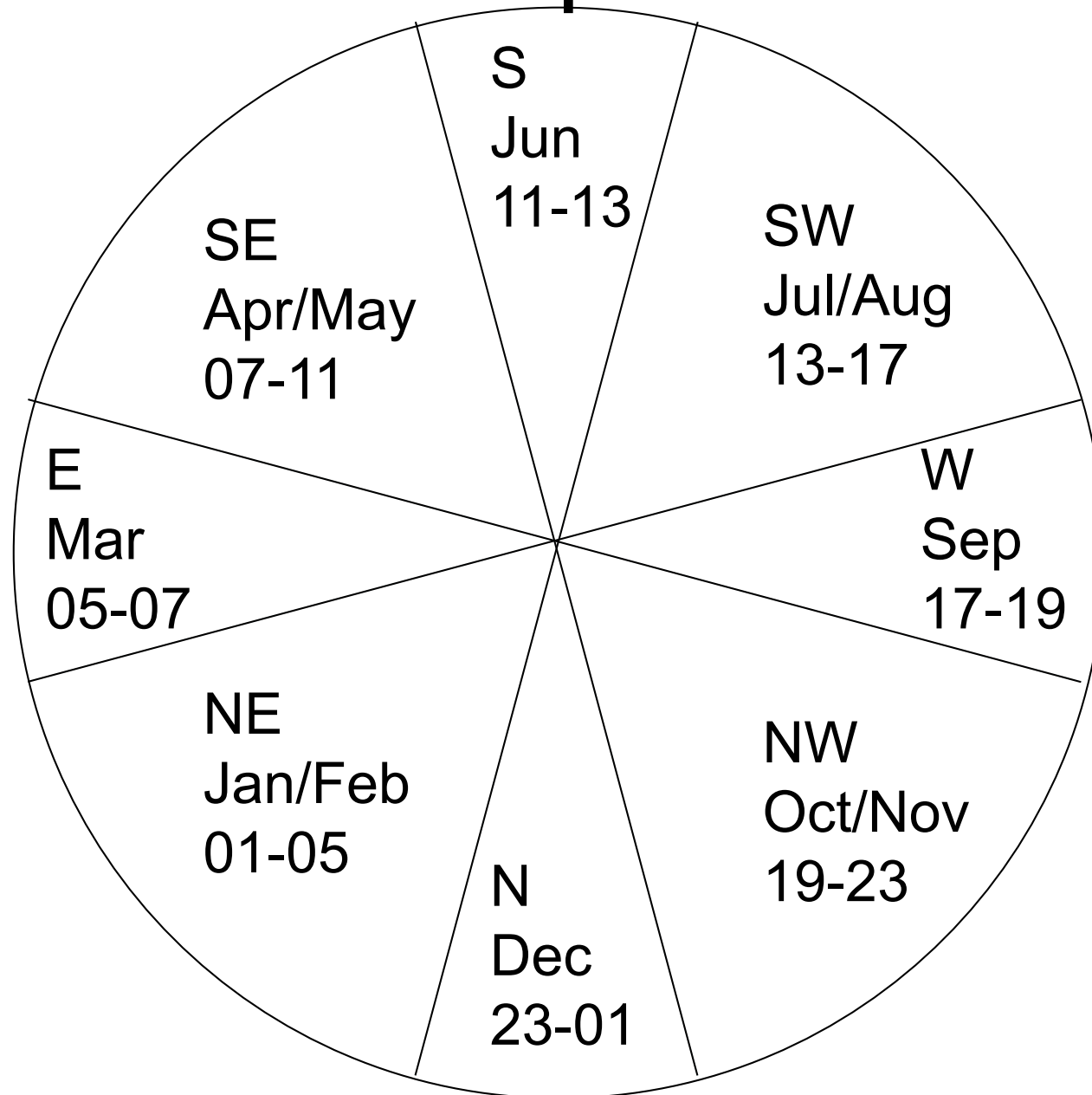


The Five Elements

Spring	Summer	Late summer	Autumn	Winter
Morning	Midday	Afternoon	Evening	Night
Upward	Outward	Downward	Inward	Multi direction
WOOD	FIRE	EARTH	METAL	WATER
East	South	South-west	West	North

Up	Outgoing	Settled	Content	Objective
Enthusiastic	Social	Practical	Complete	Perspective
Energetic	Expressive	Adding quality	Greater Inner strength	Deep
New start	Emotive	Realistic	Satisfaction	Quiet
Confident	Reactive	Patient	Romantic	Sensual

The Space



The Space

